

# ICARE

## INTEGRATING COMPREHENSIVE ACCESSIBLE RESOURCES EQUITABLY



ICARE is a partnership between the UNC Charlotte School of Work, Mental Health Research and Practice Lab, and the Academy for Research on Community Health, Engagement and Services (ARCHES). ICARE is an innovative peer-led case management team that serves to promote an integrative culturally adaptive and equitable implementation science framework to build effective linkage to culturally-relevant services and community resources. The program aims to reduce barriers in service delivery and facilitate an optimal follow-up process for the campus and Charlotte community. The original founders of ICARE include UNC Charlotte Faculty (Dr. Sonyia Richardson, Roger Suclupe, Dr. Mark DeHaven) and graduate students (Saliseah Scales, Kejana Da Silva Toreiro, Chris Bonilla, Nathallie Chavez) in collaboration with ARCHES and a student led research team (Alyssa Benziger, Nashe Marshall, Melissa Badger, Ariana Ponce, Emma Weichmann).

**ICARE is committed to advocating for underserved communities through the intentional delivery of equitable resources and services.**

### **VISION**

ICARE's vision is to be a valued partner in building holistic, inclusive, and equitable services to UNC Charlotte and surrounding communities.

### **MISSION**

The mission of ICARE is to advocate, collaborate, and utilize equity implementation science to assist with and promote health equity services to UNC Charlotte and community members.

### **CORE VALUES**

*Authenticity:* ICARE encourages transparency collaboration and strength-based recognition of differences to facilitate meaningful relationships and genuine interactions.

*Revolutionary:* ICARE values innovation and transformative informed-decision making while assisting UNC Charlotte and the local community.

*Equity & Inclusion:* ICARE strives to deliver diverse, equitable, and inclusive services throughout our practices in order to ensure just access to opportunities relevant to the communities we serve.

*Trust:* ICARE prioritizes integrity and compassion as a foundation to every service provided and relationship created.

*Radical Collaborations:* ICARE is dedicated to advocating, creating, and sustaining relationships to achieve individual and collective goals.

## **SERVICES**

The UNC Charlotte ICARE case management team coordinates student and community services and provides connections with campus departments as well as outside agencies and providers. The ICARE team provides equitable resources for individuals in need of additional assistance to improve their well-being by assessing needs and collaborating to develop a plan and achieve individual outcomes.

**Case Management Support:** As part of the ICARE Case Management program, individuals will receive support in locating resources and services. In addition, the ICARE Case Management team is committed to evaluating, advocating, and following up thoroughly in order to ensure optimal outcomes.

ICARE will help students access and navigate referrals available on campus and follow up to improve the quality of well-being.

Individuals may be referred to the following services:

- Medical Healthcare Providers
- Behavioral Healthcare Providers
- Social Service Providers
- Health Management Providers
- Food Access Providers
- Charlotte Housing Providers

**Psychoeducation:** Individual psychoeducational services are provided to help strengthen the well-being of UNC Charlotte students and local communities. ICARE does not provide therapeutic services but offers referrals and resources to support individuals on their mental and emotional needs.

- Emotional Well-being Support
- Stress management Support
- Psychosocial Aid

For more information and details, please contact the ICARE Team at [icarecharlotte@uncc.edu](mailto:icarecharlotte@uncc.edu).